

## SPEAKERS

### **Stephanie Radke, MD, FACOG**

Clinical Assistant Professor, Obstetrics & Gynecology, Assistant Clerkship Director- University of Iowa Healthcare

### **Jennifer L. Doyle, RN, MSN, WHNP**

Summa Health System, Akron, OH - Perinatal Outreach Educator/APN and Ohio Perinatal Quality Collaborative (OPQC)- Faculty

### **Cyndy Krening, MS, RNC-OB, C-EFM**

Perinatal Clinical Nurse Specialist, Saint Joseph Hospital, Denver, CO

### **Alexandra Hubbell, DO**

Faculty - Iowa Lutheran Family Medicine Program and Physician with Powell Chemical Dependency Center, UnityPoint Health

### **Heather K. Scruton, MBA, MSN, RNC-OB, C-EFM**

Maternal Fetal Critical Care Transport, Children's Mercy, Kansas City, MO

### **SUBSTANCE ABUSE PANEL:**

**Judge Constance Cohen**, Retired Juvenile Judge, Des Moines, IA

### **Jill Henkle, RNC- OB, CPST**

OB Director, Wayne County Hospital, Corydon, IA

### **Joyce DeGroot, MSW, LISW**

Social Worker - Maternity Services, UnityPoint Health - Des Moines

**Jackie Stubbers** - Social Work Supervisor for the Iowa Department of Human Services

### **Beth Deiter, RN, BSN, MPH**

Blank STAR Center/Developmental Clinic Medical Team Lead

## DIAPER DRIVE!

Last year we were able to donate 1,135 diapers to the Des Moines Area Religious Council. Let's beat that number! Bring a pack of diapers or donation.

## Network With Us!

Please join the AWHONN leadership team on Monday, October 28, at 7p.m. for a networking and social hour of hors d'oeuvres at Eatery A, 2932 Ingersoll Ave., Des Moines.



# Promoting the Health of Women and Newborns

October 29, 2019

Education and Research Center  
Thompson Auditorium  
UnityPoint Health - Blank Children's Hospital  
1415 Woodland Ave.  
Des Moines, IA



IOWA SECTION

## AUDIENCE

Obstetrical and neonatal nurses.

## PURPOSE

To enable the learner to use evidence based practice to improve outcomes for women and children in the clinic, home care and hospital settings.

## OBJECTIVES

1. Evaluate national and state level trends in maternal mortality and severe maternal morbidity.
2. Analyze racial disparities in maternal health outcomes.
3. Discuss the formation and impact of the California Maternal Quality Care Collaborative (CMQCC) on maternal outcomes.
4. List two considerations for bundle implementation related to planning, enacting or evaluating outcomes.
5. Explain the background of marijuana, its current pharmacology and the legalization of it at the state level.
6. Identify perinatal issues created by the legalization of marijuana at the state level.
7. Discuss current state and future opportunities regarding marijuana use in the childbearing family.
8. Review the neurobehavioral clinical presentation commonly seen with neonatal abstinence syndrome.
9. Summarize the evidence supporting a new approach to caring for the newborn who has neonatal abstinence syndrome.
10. Identify three ways to support the family affected by substance abuse.
11. Discuss the use of advocacy by the nursing profession.

## CONTINUING EDUCATION

IBON Provider #31, UnityPoint Health – Des Moines awards 6.25 contact hours for full attendance.

## AGENDA

7:30–8:00 a.m.	<b>Registration and Breakfast</b> (Vendors may be available)
8:00–8:15 a.m.	<b>Welcome and Announcements</b>
8:15–9:30 a.m.	<b>Maternal Mortality &amp; Severe Morbidity: Who, Where, and Why</b> <i>Stephanie Radke, MD, FACOG</i>
9:30–10:00 a.m.	<b>Vendor Exhibits</b>
10:00–11:00 a.m.	<b>Safety in Obstetrics: Recipes from our Cookbook</b> <i>Jennifer L. Doyle, RN, MSN, WHNP</i>
11:00–11:15 a.m.	<b>Break</b>
11:15 a.m.–12:15 p.m.	<b>Rocky Mountain High - Weeding through the Myths of Marijuana</b> <i>Cynda Krening, MS, RNC-OB, C-EFM</i>
12:15–1:00 p.m.	<b>Lunch/Vendors</b>
1:00–2:00 p.m.	<b>Replacing Drugs with Love: A New Approach to the Care of Neonates Experiencing Neonatal Withdrawal</b> <i>Alexandra Hubbell, DO</i>
2:00–2:15 p.m.	<b>Break</b>
2:15–3:15 p.m.	<b>Impact of Drugs on Mothers and Newborns - How can we Help?</b> Substance abuse in perinatal care panel: <i>Judge Constance Cohen, Retired Juvenile Judge; Jill Henkle, RNC-OB, CPST; Joyce DeGroot, MSW, LISW; Jackie Stubbers, Social Work Supervisor; Beth Deiter, RN, BSN, MPH</i>
3:15–4:15 p.m.	<b>Nurse Advocacy 101: Healthcare Leadership through Awareness</b> <i>Heather K. Scruton, MBA, MSN, RNC-OB, C-EFM</i>
4:15–4:30 p.m.	<b>Evaluations/Door Prizes/Adjourn</b>

Door prizes given throughout the day, including registration to the 2020 National AWHONN Conference in Phoenix!

## COST

**\$55** – AWHONN and NANN Members  
**\$70** – Non-AWHONN and Non-NANN Members  
**\$35** – Nursing Students and Retired Nurses  
**\$80** – After September 25

## REGISTRATION

Registration is online only. Go to [blankchildrens.org/classes](http://blankchildrens.org/classes) and click on the “Medical Conferences” category. **Deadline to register is Friday, October 25.** No refunds will be given after October 25.

## ACCOMMODATIONS

Rooms have been reserved at the Des Moines Marriott Downtown for the night of Monday, October 28. Reservations must be made by October 7 for discounted price.

**Des Moines Marriott Downtown - \$129/night**  
700 Grand Ave. | Des Moines, IA  
1-800-228-9290  
Group Code: Iowa AWHONN

## MORE INFORMATION:

Contact Sarah Copple at [sarah.copple@unitypoint.org](mailto:sarah.copple@unitypoint.org) or (515) 241-6885.